

# SPECIMEN COLLECTION AND SHIPPING PROCEDURE



## BEFORE COLLECTION OF BLOOD:

- Contact Repeat Diagnostics by email at [test@repeatdiagnostics.com](mailto:test@repeatdiagnostics.com) or 604-985-2609 to coordinate appropriate shipping date.
- Sample can **only** be shipped overnight by **FedEx** on Monday, Tuesday or Wednesday.

## SPECIMEN COLLECTION:

Label the specimen tube with:

- Patient Name (optional)
  - Patient ID #
  - Age
  - Sex
  - Date and time of collection
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- Collect peripheral blood in a standard 4 or 9ml glass or plastic EDTA.
  - 3-4ml of blood is required. Collect 5-9ml of blood if WBC count is low or unknown.
  - Store and ship at room temperature.
  - All blood shipments to Repeat Diagnostics must arrive within 2 days and in good condition.

## SHIPPING MATERIAL:

- Cardboard box with Styrofoam or bubble wrap.
- Specimen bag.
- FedEx clinical pak
- International Air Waybill. (available from your local FedEx depot)
- Commercial Invoice.
- Telomere Length Measurement Requisition Form.

## SHIPPING

- Place blood collection tube(s) in specimen bag
- Close shipping container.
- Place shipping container and completed requisition form in FedEx Clinical Pak.
- Fill out the International Air Waybill.
- Fill out the commercial invoice form. Minimal dollar value must be \$20.00 to ensure rapid customs processing.
- Include 3 copies of the Commercial Invoice with the waybill.
- Ship immediately by **FedEx** Express +service to:

**Sandy MacCormac**  
**Repeat Diagnostics Inc.**  
**Suite 309**  
**267 West Esplanade Ave**  
**North Vancouver, BC Canada**  
**V7M 1A5**  
**604-985-2609**

- Inform Repeat Diagnostics by email at [test@repeatdiagnostics.com](mailto:test@repeatdiagnostics.com) of date shipped and tracking number.

## SAMPLE RECEIPT CONFIRMATION:

- Repeat Diagnostics will acknowledge receipt of specimen via Email

## RECEIPT OF DAMAGED SAMPLES

If the packaging or samples are damaged upon receipt or arrive after 2 days, Repeat Diagnostics will contact you with further instructions